

UNITE FOR GOOD

Rotary 🚯

#### **Club Meeting**

Spring Valley (Columbia)
Meets at Northeast Presbyterian
Church
601 Polo Road

Columbia, SC 29223
Time: Thursday at 01:00 PM

#### **Club Leaders**



<u>Lachaska</u> <u>Salmond</u> President



<u>Michele L.</u> <u>Dunphy</u> President-Elect



Denise LaRue Ruben Satellite Club Chair



Sara Raub Secretary



William Keith Chichester Treasurer



Jennifer Guerry Broome Club Director / Board Member



John Walko Club Director / Board Member



<u>Diane Wood</u> <u>Junis</u> Foundation Monday, August 4, 2025

Meeting agenda 8.7.2025







Menu: Cold Plate - shrimp, tuna and chicken salad, croissants,

crackers, house salad, fruit tray and cookies

Invocation and Pledge: Stan Luallin Health and Happiness: Lindsay Agostini New Member Induction: Brian Dunphy Welcome, Cynthia Villar

**Paul Harris Fellow Presentation: Diane Junis** 

Bev Ryan will present to David Hall, Midlands Orphan Relief

Announcements: President Lachaska

Introduction of Speaker: Paula Matthews, PDG (2011-2012)

Sandy Morckel, District 7770 Governor (2025-2026)



Sandy Morckel District Governor (2025-2026) Rotary District 7770 Mobile: 614.306.8856 611 Fisherman's Bend

Mount Pleasant, SC 29464

Chair Public Image Chair



Brian P. Dunphy Membership Chair



Peter J. Stahl Service Projects Chair



Ted Rausch iPast President

#### **UPCOMING PROGRAMS:**

August 14, 2025 Meet our 2025-2026 Youth Exchange **Students** 

August 21, 2025 Honorary Member Celebration

August 28, 2025 Alejandro Espaillat MD FACS

Ophthalmology update various eye conditions, including cataract surgery, glaucoma, and diabetic eye disease, as well as the application of artificial intelligence in Ophthalmology

**September 11, 2025** LaToshia Chukes, Founder Kind Acts for Humanity

**Service Opportunities** 

August 16th Adopt-a-Highway Trash Pick-Up August 18th **Transitions Service Opportunity** September 15th **Transitions Service Opportunity** September 29th **Transitions Service Opportunity** 

#### smorckel@gmail.com







# **New Member Proposed-Cynthia Villar**





Deborah DePaoli has proposed Cynthia Villar for membership. Cynthia is a lifelong Christian and Columbia International University (CIÚ) MBA graduate with over 20 years of experience in different market sectors. She serves as the Director of CIU's Business & Career Development Center, which was started as an initiative based on three pillars: entrepreneurship, employment, and mentoring, to increase and expand access to high-quality training workshops and programs to help students, alumni, and the community start their own companies, pursue their dream job in today's high-demanding fields, or connect with mentors/coaches to grow personally and professionally. She combines this role with her Adjunct Faculty position teaching Marketing, Business Communications, and Capstone for the CIU School of Business.

Cynthia led the formation of the Business Innovation and Development Center at her undergraduate university in Lima, Peru. She won Entrepreneur of the Year in 2017 and Fintech Founder of the Year in 2018. Cynthia was also selected as an Outstanding Women Entrepreneur of the GIST Catalyst program in Brisbane, Australia in 2018 and has participated in several international contests such as StartUp Peru, StartUp Chile, StartUp Mexico, Village Capital, GIST, Techstars, Halcyon Incubator, WeXChange, Visa's Everywhere Initiative, The Holt Fintech Accelerator, Kunan, Open Road Alliance, FinXperience, and F10 Accelerator.

Cynthia currently serves as a mentor and consultant for different entrepreneurship organizations in Peru, Chile, Argentina, and the USA and is on the steering committee for Halcyon Incubator. Cynthia works hand in hand with very talented and dedicated international CIU Graduate Assistants who are all devoted to making this center one of the best in the world.

Her hobbies include: walking, going to the beach, driving, trying new food, good music, traveling, meeting new people, reading, and learning new things. She willbe inducted at our August 7 meeting.

# Youth Exchange Update - Amelia has arrived!





Amelia is pictured leaving Taiwan with the following L to R: Her grandmother, Siao-Jing HONG JHANG, her aunt, Jiahan Zhang, Amelia, Apollo, President of the Rotary Club of Chung Ho Yuan-Tung in Taipai, Taiwin, and Tony, the youth exchange officer for Amelia's sponsoring club.

After a long flight and a missed connection in Atlanta, Amelia arrived on Friday afternoon, August 1. Some of those who were on site for her midmorning arrival couldn't stay, but others joined in the afternoon! Welcome Amelia!





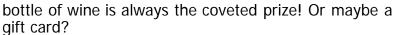
If you are interested in serving on the Youth Exchange Committee, please reach out to Shelly. <a href="mailto:shellydunphy@icloud.com">shellydunphy@icloud.com</a>

# The Weekly Raffle - Benefitting CART 1st Qtr

Our new card is......



Door prizes are always needed for our weekly raffles. Please consider contributing an item. Any questions, contact Judy Gaskins, jgaskins001@sc.rr.com or (803) 315-3723. Have items you can "re-gift?" A



For the first quarter of this Rotary year (July-September) our weekly raffle proceeds will

support The Cart Fund. Coins for Alzheimer's Research Trust is a non-profit organization founded in 1995 by Roger Ackerman, a Rotarian in Sumter, SC. Its mission is to provide "seed" money for cutting-edge research grants aimed at finding a treatment or cure for Alzheimer's disease. The fund is supported by Rotarians who contribute spare change during meetings, ensuring that 100% of donations go directly to research.



www.cartfund.org

# With Sympathy



We extend heartfelt sympathy to the family of Rotarian John Runy. John died on Wednesday, July 30. John rejoined our club in December 2024 and was looking forward to being an active member again in his retirement, until his health issues became very complicated.

A Celebration of Life will be held 1 o'clock, Tuesday, August 5th, at Northeast Presbyterian Church. The family will receive friends following the service. Memorial donations may be made to Pawmetto Lifeline Shelter, 1275 Bower Parkway, Columbia, S.C. 29212, or to Northeast Presbyterian Church, 601 Polo Road, Columbia, S.C. 29223.

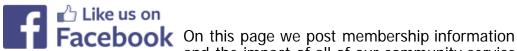
If you would like to send a note of sympathy to his spouse, Carol, the mailing address is:
22 Northlake Road
Coumbia, SC 29223

LTC John Runy, US Army (Ret) Obituary - Visitation & Funeral Information

# **Stay Connected via Facebook**

Facebook is a great way to stay connected as a member of our club in two different ways.

1. Please "LIKE" our public Facebook page: **Spring Valley Rotary Club** 



On this page we post membership information and the impact of all of our community service work. Please SHARE these public posts so that you can help promote the good work of our club. You never know what Facebook friend you have

who just might be interested in becoming a Rotarian!

2. Please join our private club group called: **Rotary Club of Spring Valley**. This is a "Member-Only" group, so nothing posted here can be shared. This page includes member reminders, service project opportunities, club needs, etc.

You need to be invited to join this group, so if you are not already a member, please send an email to Diane Junis at dianejunis@gmail.com, and an invitation link will be sent.

# SIGN UP NOW - Saturday, August 16

#### Adopt-a Highway SIGN UP LINK



Join fellow Rotarians as we pick up trash on our section of Polo Rd. Meet in the parking lot behind the Taco Bell, at the corner of Polo and Two Notch Rd at 8:45 am, and we'll finish by 10 am. Non-Rotarians, spouses, teenagers and prospective members are always welcome! Please wear gloves. All other materials will be provided. Questions? Contact Greg Seymour at gseymour25@yahoo.com

Saturday, August 16: Signed up are: Ginny Reed, Diane Junis, Corey Price, Brian and Shelly Dunphy and our YE Student Amelia! We need at least 6-8 more volunteers!

Save the date for our last pick-up of the calendar year: Saturday, November 15



# Meals on Wheels Delivery

8/7: Peter Stahl and Bev Ryan 8/14: Phil Newsom and ONE VOLUNTEER NEEDED 8/21: Phil Newsom and Lindsay Agostini

# 8/28 TWO VOLUNTEERS NEEDED 9/4: TWO VOLUNTEERS NEEDED

#### **MEALS ON WHEELS SIGN UP link**

Please sign up for a Thursday Meals on Wheels delivery. This involves meeting at Spring Valley Presbyterian Church (across from SVHS) at 10:30 a.m. and delivering meals to 5–10 homes on our Northeast Route, which takes about an hour.

A spouse or friend, non-member or potential member can deliver with you.

Club Coordinator: PHIL NEWSOM 803-315-0299

newsomp133@gmail.com

## **Serving Dinner at Transitions**

### **Transitions 2025 Sign Up LINK**





**Next Service Date:** 

Monday, August 18 @ 5:15 pm

Signed up are: Brian Dunphy, Ginny Reed, Sara Raub and a guest. We're good, but please consider signing up for Monday, September 15 or 29. We have TWO Mondays in September.

# Member Spotlight - Lachaska Salmond

Thank you, John Walko for providing member spotlights on our Facebook pages. I'll include them in the bulletin for those not on Facebook. If you'd like to be featured, let John know and he will send you the questionnaire. <a href="mailto:jwalko8374@gmail.com">jwalko8374@gmail.com</a>



Spotlight on Lachaska — our current Club President, and if you know her, you know she was born for the bright lights!

#### **Career-Minded Questions:**

Q: What inspired you to pursue your current career path, and what keeps you motivated to continue growing in your field?

A: My own story of being a young widow and not having the financial resources drives me to educate and empower people now so they are prepared for the unexpected and can retire on their terms.

Q: What is one career lesson you've learned the hard way that you would share with others in our Rotary community?

A: Make sure you know your worth and do not take the first offer given to you if it doesn't align with your number.

Q: If you could switch careers for a day, what would you choose and why?

A: A fashion professional, so I can go to the high-end shows and visit the most extravagant, luxurious stores!

Q: How do you maintain a healthy work-life balance, and what tips do you have for staying productive without burning out?

A: I try to balance, but honestly, I am still trying to figure that out! lol **Personal-Minded Questions:** 

Q: What's a hobby or activity you're passionate about that most people might not know about?

A: I like to skate.

Q: What's one personal accomplishment you're most proud of, and how did it impact your life?

A: Becoming a financial advisor was one of the best decisions I made in my career. It has allowed me to help my family and other families financially.

Q: If you could invite anyone—past or present—to dinner, who would it be and what would you talk about?

A: Tyra Banks and we would talk all things fashion! Rotary-Minded Questions:

Q: What motivates you to stay involved with Rotary, and how has it impacted both your personal and professional life?

A: I like the comradery and the ability to serve. I also learn a lot from my members in business and in life.

Q: Can you share a moment in Rotary that made you feel truly proud to be part of this organization?

A: When I first started, I volunteered with Diane to help with Meals on Wheels, and she inspired me so much. We had things in common I never would have thought we did. It was a great experience.

Q: What is one way you think our Rotary Club can make an even bigger impact in our community?

A: Getting out and being part of other community events and letting people know we are here would be impactful.

Thank You Lachaska Salmond!

You are a true inspiration — a newer Rotary member willing to donate your time to making our club better and now becoming PRESIDENT!

Fall Social - Save the Date - Tuesday, Sept 16



## **Birthdays**



James William "Bill" Oliver August 5th



Marion Hanna August 8th



Roland S. Corning August 9th

## **Wedding Anniversaries**



Robert F.
"Bobby" Curtis
August 4th



Phillip F. Newsom August 5th

#### **Years of Service**



Judith C. Gaskins 24 Years

Viola Robinson Faust 2 Years

